

Health & Wellbeing Champion, The Reach Foundation

Location: 52-53 High Street, Feltham, TW13 4AB

Salary: *Dependent on qualifications/previous experience*

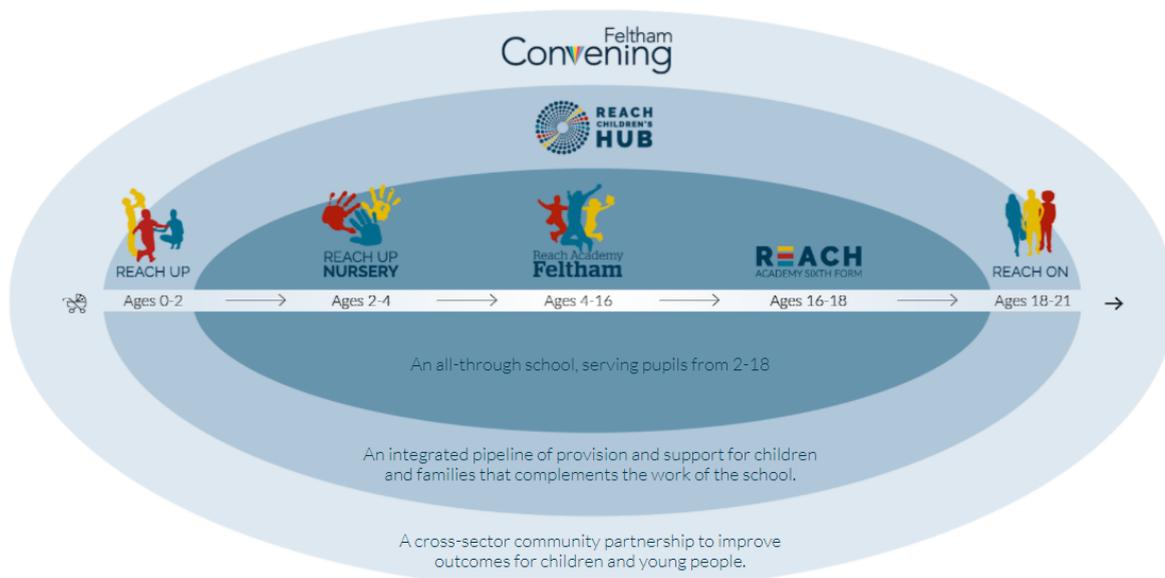
Contract: Permanent, full-time, 52 weeks, 40 hours per week; *flexible working required as activities may be scheduled at weekends or in the evenings*

Position reports to: Mei Lim, Reach Children's Hub Director

Start Date: As soon as possible

The Reach Foundation is a charitable organisation providing cradle-to-career support to families in order to ensure every child can enjoy a life of choice and opportunity. The Foundation's activities in Feltham consist of:

- [Reach Academy Feltham](#), an Outstanding all-through school educating 900 pupils aged 2-18
- The [Reach Children's Hub](#), providing cradle-to-career support and services to parents and their children (aged 0-21+) and
- The [Feltham Convening Partnership](#), a collective impact initiative to improve outcomes for children and young people (CYP) across the community



We believe that every child should be able to live a life of choice and opportunity

The core outcomes we aim to achieve for children and young people:

(based on international research evidence, our local community consultation, and discussion with academic and profession experts from Education, Educational Psychology, Health, Early Years and Social Sciences)



Be safe and well supported

Children and young people are free from harm and know how to keep themselves safe.

They are well-supported at home.



Be healthy

Children and young people are physically, socially and emotionally healthy.



Achieve well academically

Children and young people achieve good academic results and leave school prepared for the next stage.

Families are actively involved in their education.



Build strong relationships and social networks

Children and young people have strong peer and familial relationships and engage positively with their local community.

Position Summary

We are seeking to recruit a Health & Wellbeing Champion (HWC) who shares our passion and commitment to achieving these outcomes, with a particular focus on the second outcome: *be healthy*. The HWC will work with both the school and the Hub to foster a “well” ethos that supports the healthy development of CYP and enables them to flourish in all areas of their lives. The pandemic has exacerbated the need to offer multiple and diverse opportunities for CYP to participate in a range of physical activities, as a way to improve all aspects of their health and wellbeing, including providing opportunities to build strong relationships and networks.

This role is an exciting opportunity to work both directly with the school and more widely across the local community, through the Hub. The HWC will work closely with the leadership teams to set ambitious targets for participation, driven by priorities that emerge from the school’s data and from the wider data gathered through the Hub’s community listening activities and local partnerships. The scope for this role is therefore intentionally wide and the HWC will be expected to respond to the dynamic nature of the local context. For example, it may involve working directly with young people to develop their leadership skills through after-school sport activities; organising outdoor family events for parents with children in their Early Years to encourage learning through physical play; signposting individuals across the cradle-to-career spectrum to engage with other local provision and community groups; and identifying and filling gaps in existing provision, in partnership.

This is a full-time role that requires flexible working due to the fact that activities may need to be scheduled in the evening, weekends and holidays.

Key outcomes

- Fulfil your role in-line with the vision, values and principles of the Foundation in order to ensure children and young people can enjoy lives of choice and opportunity.
- Enable children and young people at Reach Academy and across the wider community, and their families, to fully participate in multiple different physical activities to improve their health, wellbeing and life chances; this may involve direct delivery of those activities or signposting to existing provision.
- Promote a “well” ethos across the school and more widely.
- Track and monitor engagement data in order to report effectively on progress towards the intended outcomes.

Responsibilities

The responsibilities outlined below are not exclusive and are intended to give examples of the expected areas of work for the Health & Wellbeing Champion (HWC):

- Collaborate with school staff to identify, train and support Youth H&W Champions; plan opportunities to engage them in all aspects of the work
- Co-design and deliver a comprehensive and inclusive programme of activities (out of school hours) that support CYP’s healthy development and positive wellbeing, in-line with the school’s priorities
- Promote a “well” ethos across the school, using creative means to communicate effectively with all stakeholders: CYP, parents, staff
- Map existing local provision and build partnerships/connections with relevant providers in the community and the Council

- Support community initiatives which are aligned to our vision, such as the Generations Active Model City collective, and act as the Foundation's representative
- Signpost CYP and families to appropriate provision and support them to access it fully
- Build positive relationships based on trust with all stakeholders: CYP, parents, staff, community partners
- Adopt community organising principles, in-line with the Hub's membership with Citizens UK:
 - Listen, so that we always put people before programmes
 - Build leadership capacity across the community
 - Empower people, by never doing for others what they can do for themselves
- Work in accordance with the Reach Foundation's Equal Opportunities policy and in compliance with all other policies.

Educational Qualifications, Experience and Skills

Essential criteria:

- A recognised NGB sports coaching qualification
- Experience of planning, leading and evaluating physical activities for a range of age groups and participants
- Experience of inclusive practices when working with CYP
- Experience of safeguarding and providing pastoral support for CYP experiencing poor health and/or wellbeing
- Experience of working in multi-disciplinary teams
- Experience of building and sustaining trusting relationships
- Excellent communication skills
- Confident IT skills and the ability to handle data
- High levels of enthusiasm and motivation, and the ability to take initiative

Desirable criteria:

- Experience of working with students in an educational context
- Experience of place-based work within a community
- Experience of delivering positive change at an individual and community/institutional level
- Knowledge of the local context in Feltham

Apply Now

Please complete an online [application form](#). Prospective applicants are encouraged to contact Mei Lim if you have any questions: mei.lim@reachfoundation.org.uk

The deadline for applications is **Friday 18th June**. Applicants will be shortlisted the week beginning **Monday 21st June** and invited to attend an interview on **Thursday 1st July**. Following the interview stage, there will be a second round of shortlisting and candidates will be invited to deliver two short activities to primary and secondary pupils on **Tuesday 6th July**; the full brief will be included for all candidates with the invitation to interview.

More information on the Reach Foundation can be found on our [website](#).